

2024 ACP ONE DAY CONFERENCE



12 October 2024
9:00 AM to 4:00PM



\$160 ACP Member
\$210 Non-Member



Four Points by Sheraton
707 Wellington St, Perth



Includes 7 CPD hours
Lunch, Morning & Afternoon
tea



RSVP by Friday 4th of October:

<https://events.humanitix.com/2024-acp-one-day-conference>

GUEST SPEAKERS:



Dr Daryl Chow
Counselling Psychologist
Topic: Seven Ways Deliberate Practice Can Go Wrong



Emma Goodfellow
Psychologist
Topic: An Overview of Psychedelic Assisted Therapy in Australia



Tom Hopkins
Psychologist
Topic: Current Approaches in Alcohol and Other Drug (AOD)
Treatment in Western Australia

Association of Counselling Psychologists

Dr Daryl Chow

MA, Ph.D. (Psych)

Dr Daryl Chow, MA, Ph.D. (Psych) is a practicing psychologist and trainer. He is a senior associate of the International Center for Clinical Excellence (ICCE). He devotes his time to training and research on the development of expertise and highly effective psychotherapists, helping practitioners become deep learners and improve client outcomes.

He is the author of several articles and a contributor to edited books. Daryl and colleagues published the first ever study on deliberate practice in psychotherapy, a nominee for “most valuable paper” of 2015.

His books include The Write to Recovery: Personal Stories & Lessons about Recovery from Mental Health Concerns and The First Kiss: Undoing the Intake Model and Igniting First Sessions in Psychotherapy.

Together with Scott Miller and Mark Hubble, and Sam Malin, Daryl is a co-author of a highly anticipated book, Better Results: Using Deliberate Practice to Improve Therapeutic Effectiveness (APA, 2020), and their latest book, The Field Guide to Better Results (APA, 2023). His next book is titled, Crossing Between Worlds: Moving and Being Through the Transitions of Life (slated release Oct 2024).

Daryl’s blog, Frontiers of Psychotherapist Development (darylchow.com/frontiers) is aimed at inspiring and sustaining practitioners’ individualised professional development. See Daryl’s keynote in Sweden. Daryl’s other blog, Full Circles (fullcircles.substack.com/) are muses on reflections on the inner and outer life.

For more information, visit his online home at darylchow.com and darylchow.substack.com/

Emma Goodfellow

BA(Psych), BA(Hons), MA

Emma is a compassionate therapist with a passion for helping couples and individuals thrive. With over a decade of experience, Emma creates a safe and nurturing space for her clients to explore their emotions and build deeper connections. Her warmth and openness inspires clients to embrace their journey of growth and healing, while her practical approach equips them with tools for navigating life's challenges. Emma’s dedication to her work shines through in her genuine enthusiasm and unwavering support for her clients' well-being.

Emma is your mix of science and spirit, eastern and Western approaches. Emma is a believer in non-pathologising, believing that every signal from our body is a message to listen and lean into.

Emma is trauma informed, uses evidenced based modalities such as ACT, AEDP, CBT, DBT, Mindfulness, somatic based therapy, along with meditation and breath practices.

Emma is currently studying Psychedelic Assisted Therapies for those suffering from treatment resistant depression, anxiety and trauma.

Emma is also a registered and board approved Supervisor.

Tom Hopkins

BA(Hons)

Tom Hopkins is a registered Psychologist who has been working in the AOD sector for 17 years.

During this time he has worked in a variety of roles and settings, including as a counsellor in a residential Therapeutic Community (TC), a group program facilitator in prison settings, an outpatient counsellor and group program facilitator, and a manager of various outpatient settings and prison programs.

More recently in his role as General Manager of Justice and Residential Services, Tom oversees the operation of WA’s first rehabilitation prison TC, the operation of a community-based women and children’s rehabilitation TC, and the delivery of AOD rehabilitation programs across Perth’s metropolitan prisons.

In addition to his work in the AOD field, Tom has also worked for several years as psychologist, primarily working in regional WA in youth suicide prevention but also working with children referred by Child Protection and Family Services (CPFS) as well as in private practice.